



2019-2020 Information for Schools and Teachers in the DEIS School Support Programme

About the Incredible Years Teacher Classroom Management Programme (IYTCM)

The Incredible Years, developed by Dr Carolyn Webster Stratton, is a series of programmes, for teachers and parents that are designed to reduce challenging behaviours in children and to increase their social, emotional and self-regulation skills. The Incredible Years Teacher Classroom Management Programme (IYTCM) focuses on strengthening teacher classroom management strategies and improving teacher-parent relationships. This leads to an increase in children's social, emotional and academic competence and reduces classroom aggression and disruptive behaviour. Research, internationally and in Ireland, supports the effectiveness of the programme in significantly improving child behaviour, classroom environment and building teacher skill and confidence.

Under the **Action Plan for Education 2019 and the DEIS Action Plan 2019**, NEPS is offering a further 50 Incredible Years Teacher Classroom Management Training programmes nationally in the school year **2019-2020**, specifically targeting schools in the DEIS School Support Programme.

What does the training cover?

Teachers attend **6 full-day workshops** spaced approximately one month apart. The programme follows a collaborative model of training that makes extensive use of teacher discussion, role play, viewing vignettes of teachers in real classrooms and developing behaviour plans for individual children. Between sessions, teachers are expected to practice the new skills and concepts in their own classrooms, reflect on and share experiences at the next session, further develop and implement their behaviour plans for individual children and complete assigned reading from the text 'Incredible Teachers'. Throughout the programme, teachers are supported to set and monitor goals for themselves, as well as for the children they teach, and to help each other to achieve their goals. The topics covered across the six workshops are:

- Building Positive Relationships with Students
- Preventing Problems & being a Proactive Teacher
- Using Positive Attention, Encouragement & Praise
- Motivating Children through effective use of Incentives
- Decreasing Children's Inappropriate Behaviours
- Increasing Children's Prosocial Skills and Building Social And Emotional Competence

Who should attend?

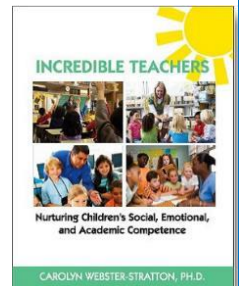
Class teachers, Special Education teachers and Principals will all benefit from attending this training. Ideally schools should develop a plan to have all staff trained over the three-year implementation period. Schools should, as far as possible, facilitate a minimum of two teachers attending a programme and can nominate up to 6/8 teachers per programme.

Costs

The Department of Education and Skills will cover the cost of teacher substitution, refreshments/ lunch and course materials for teachers in DEIS SSP schools.

This will include the core text 'Incredible Teachers' and all workshop handouts.

*teachers travel expenses are **not** covered



How to apply

Teachers apply to their local/nearest Education Centre. **For programmes commencing September 2019** application forms will be available from **26th August 2019** and the closing date for submission of completed forms will be advised locally.

Please note

Attendance at **all 6 workshops** is required for certification. We understand that at times schools may experience difficulties securing substitute cover. We would ask that principals make contingency arrangements to allow teachers to continue to attend in such situations. Schools may also wish consider the number of teachers you send to ensure such contingencies can be managed.